



Aftercare Instructions

Do's

- Remove cling film 2-4 hours after applied unless told otherwise.
- Wash with warm water using antibacterial liquid soap. Wash gently (only using hands) until plasma has been removed - rinse with clean water to remove any excess soap.
- Pat dry with either a clean towel or kitchen roll - Once dry, leave to air dry for the first 48 hours. Clean regularly to remove plasma - tattoo should be smooth to touch.
- After 48 hours apply mild moisturiser (Cocoa butter, Aloe Vera lotion) - a little bit goes a long way so use sparingly. Ideally you should do this 2-3 times a day - you will notice that after a few days that your Tattoo is beginning to flake, this is perfectly normal.
Do not use Vaseline / petroleum / alcohol based products
- While the tattoo is flaking you can continue to moisturise
- When your tattoo is completely healed it is still good to use the moisturiser to keep the tattoo looking fresh and sharp. Always apply SPF 50 when in direct sunlight.

Bathing:

- Shower as normal whilst your Tattoo is healing, of course for some this isn't an option, if you only have a bath available keep it short and avoid soaking as much as possible.
- When you get out of the shower or bath be sure to use a clean towel to pat your Tattoo dry first! Then you can dry the rest of your body.
- Don't shave the Tattoo whilst it's healing.

Bedtime:

If, for first 48 hour period your tattoo is sore before bed you can re-wrap with cling film, but make sure its entirely clean with **NO** lotion!

Remove first thing in morning and thoroughly wash to remove any plasma. This is only recommended to do for the first two nights .

Dont's

- Don't re-wrap your Tattoo - your tattoo needs to breathe!
- As your Tattoo is healing it may become itchy, please **DO NOT** scratch or pick your new Tattoo as it may result in fading, infection and possible scarring.
- You should avoid swimming for 2 weeks.
- You should avoid sunbathing and sunbeds for 2 weeks, and once your Tattoo has healed you should apply a sunscreen with a high factor (SPF 50+) to prevent any damage or colour fade.

We at Permaneo Tattoo Studio have done everything to ensure that you have a high quality Tattoo, now it's down to you to look after it!

We can not accept any responsibility for the outcome of a Tattoo due to poor aftercare.

If at all worried you can of course contact us and we'll be happy to help and offer advice wherever possible.